Warnbro community High School Education Support Centre is committed to Bullying Prevention.

What to do if you are being bullied?
If you are being bullied name the behaviour as a bullying behaviour eg. “when you call me names that is bullying” and assertively tell them to stop. If the behaviour continues let a staff member know so that they can help you. Tell one of your Teachers, an Education Assistant in your class, a Deputy Principal, the Principal, or member of the Wellbeing Team.

What to do if you see bullying taking place?
Bullying involves more than the students who are bullied and those who bully. A bystander is someone who sees the bullying situation.

If you see a bullying incident take place and encourage it in any way you will receive the same consequences as the bully. You can refuse to participate in a bullying situation by simple actions such as walking away and letting a staff member know what is taking place. You can also offer support to the person being bullied.

BYSTANDERS GET HELP SAFELY

Remember it is always OK to talk about bullying.

CYBERBULLYING
Cyber bullying is bullying through the use of internet services like email, chat rooms, instant messaging, social networks and mobile phone technologies such as SMS. Cyber bullying often happens outside of school grounds however it can impact on school. It is your social responsibility to treat others as you would want to be treated even in cyber space.

What to do if you are cyber bullied?
- Keep the evidence and keep a record. Talk to a parent/guardian or a teacher at school. If messages are threatening tell a parent/guardian immediately.
- Block messages from the bully and avoid replying.
- Privacy- be responsible for your own cyber identity, avoid sharing user names and passwords. Change passwords if someone else becomes aware of yours.
- Think before posting information online – once posted it’s difficult to remove.
- Offers that seem too good to be true probably are, avoid them.

WHAT WILL HAPPEN IF YOU BULLY?

Step 1 – Identification
Explain what happened and why it happened. Explain your understanding of bullying and the effects of it on others.

Step 2 – Discussion
With a teacher or Deputy Principal you will consider your actions and collaboratively plan the appropriate way of resolving the situation.

Step 3 – Consequences
An opportunity for a restorative practice will be arranged. Your parents/guardians may become involved as well as a combination of in school withdrawal, and community services of the conflict.

Step 4 – Continued bullying and severe cases
If the bullying continues you will need to attend an interview at the school with your parent/guardian. During this meeting the consequences for your behaviour will be explained and may involve suspension. Severe cases involving physical bullying will be dealt with immediately as per step 4.